Crisis Care Mobile Units (CCMU) & Behavioral Health Justice Intervention Services (BHJIS)

Workshop 6 | October 25, 2022 Enhancing Outreach and Awareness of Culturally Responsive Services







CRISIS CARE MOBILE UNITS PROGRAM



BEHAVIORAL HEALTHJustice Intervention Services

Welcome and Introductions

Danielle Raghib, LCSW

TTA Specialist, Center for Applied Research Solutions (CARS)

Today's Presenter

David Eric Lopez, MFT

Program Director, King's View Central Valley Suicide Prevention

Enhancing Outreach and Awareness of Culturally Responsive Services



Program Director, King's View Central Valley Suicide Prevention

Objectives

- » Provide outreach overview
- » Types of messaging
- » Hosting trainings and outreach events
- » Tips for connecting with other stakeholders and community members
- » Question and answers

Why Outreach?

- » Connect with the community in person
- » Inform community members of services provided
- » Breakdown prejudice and stigma associated with mental health
- » Build relationships with other stakeholders and community partners
- » Build a welcoming reputation in the community!



Outreach Messaging

- » Address stigma and prejudice around mental health
 - Add in key issues specific to your community and service area
- » Add in area and culturally specific content for your audience.
- » Connect with underserved community members and unique populations
- » Create messages in threshold languages and craft those messages in a manner that is relatable to the community.
- » Ask community members for feedback and for ways to spread the message.



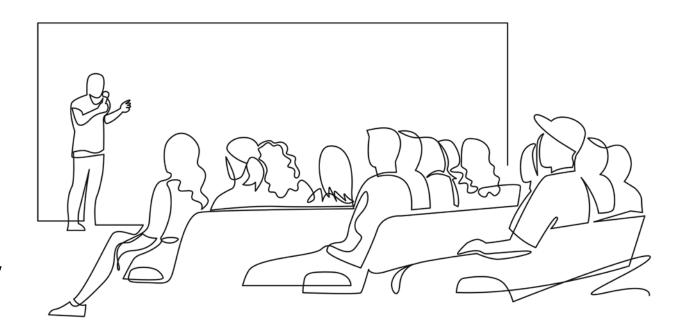
Get the Word Out!

- » Be creative when connecting your activities to the media or outreach events.
- Include local newsletters, community calendars, public bulletin boards, and social media pages where you may be able to post information.
- » Schools, colleges, and universities

- » Public government buildings or courthouses
- » Churches and other faith-based organizations
- » Youth centers/clubs
- » Libraries
- » Gym

Awareness Day/Health Fair

- » Make events fun and engaging!
- » Every event is better with food...
 - Bring in vendors host can raffle off or provide food and snack tickets for participation.
 - Face painting
 - Photo booths
- » Holistic events draw a larger audience, especially when establishing relationships in the community.
- » Provide brief 15-minute trainings through the day on a few topics.



Hosting Trainings and Community Events

- » Trainings provide skills and add value to the community
 - Likely to have good word of mouth advertising in the community
 - » Can be done in a short series to help promote community engagement.
 - Time events out every few months as to not over saturate the market
- » Mental Health First Aid

- » Stigma reduction events
- » Healthy lifestyles and stress reduction strategies
- » Awareness of signs of onset of mental health concerns
 - (somatic)
- » Suicide Prevention 101
 - Question Persuade Refer (QPR)



Questions Comments Discussion

Presenter Information

David Lopez, MFT

Program Director Central Valley Suicide Prevention

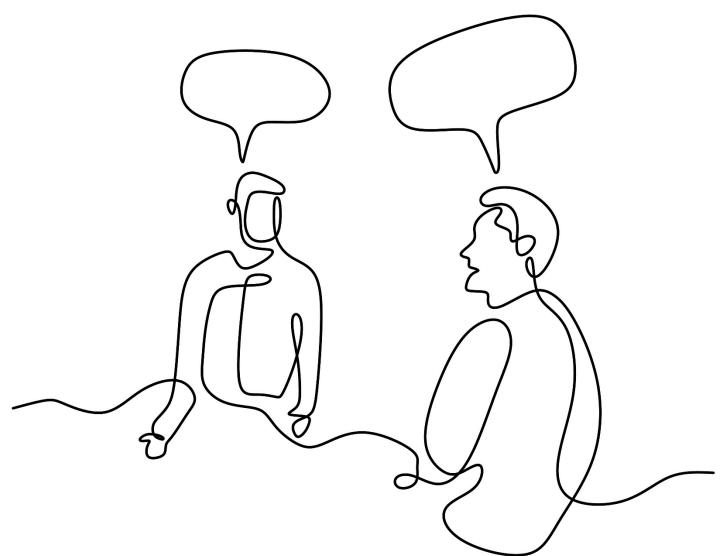
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Group Discussion and Closing



» Open Discussion amongst Grantees

» Q&A



Appreciation!

thank you

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